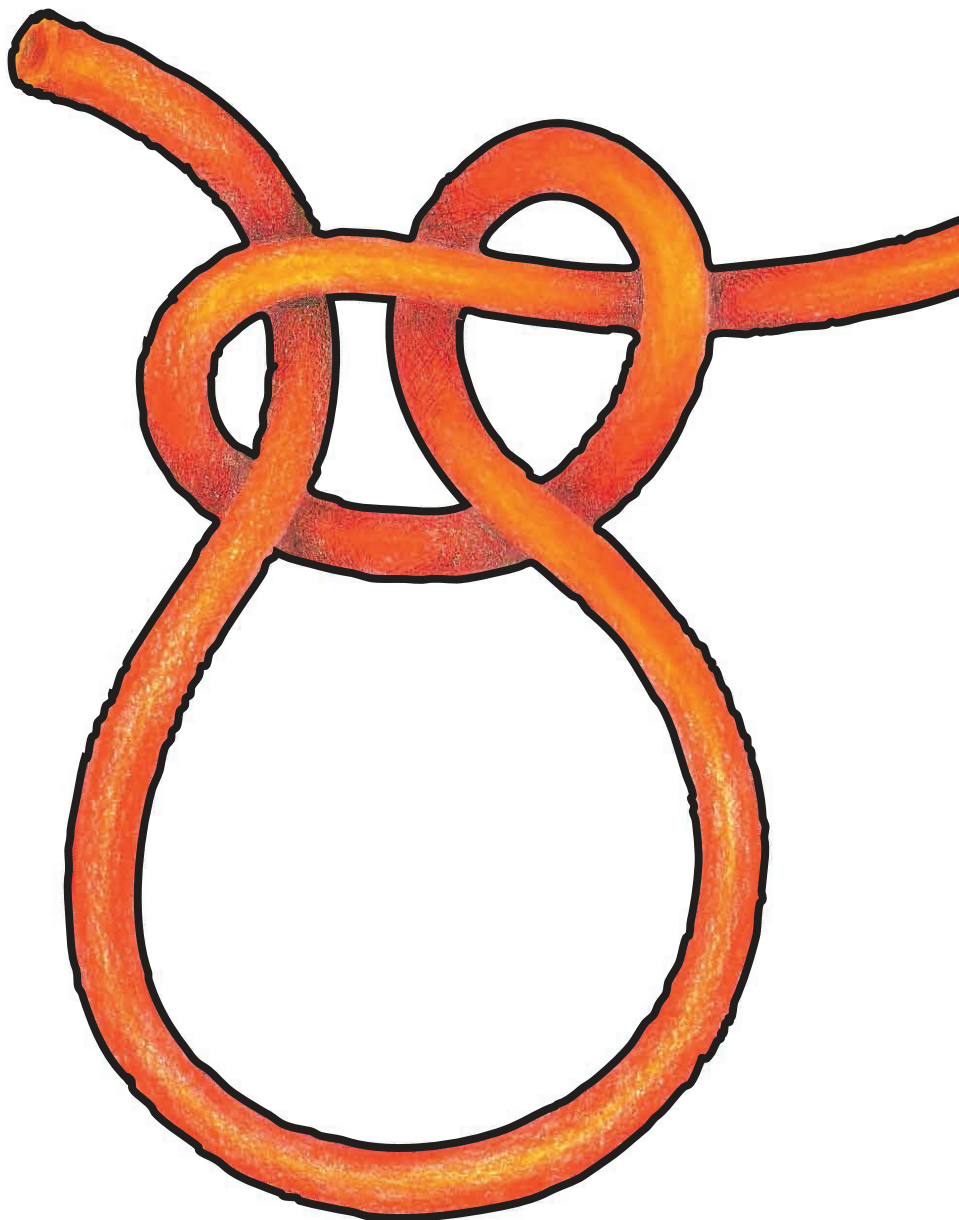




# KNOT RACING

## SLIP KNOT

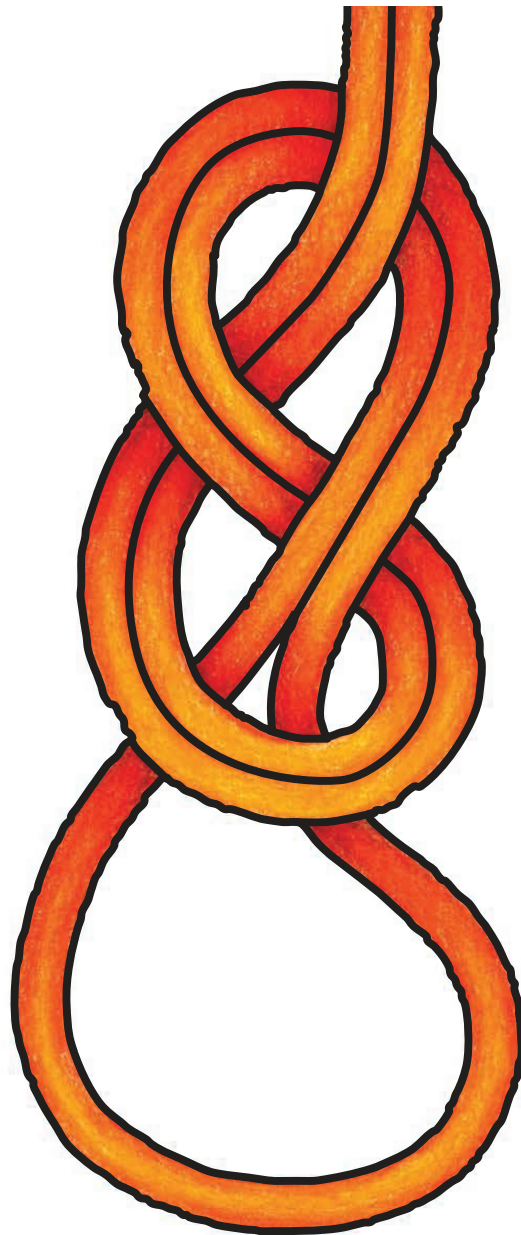




## CHALLENGE 2

# KNOT RACING

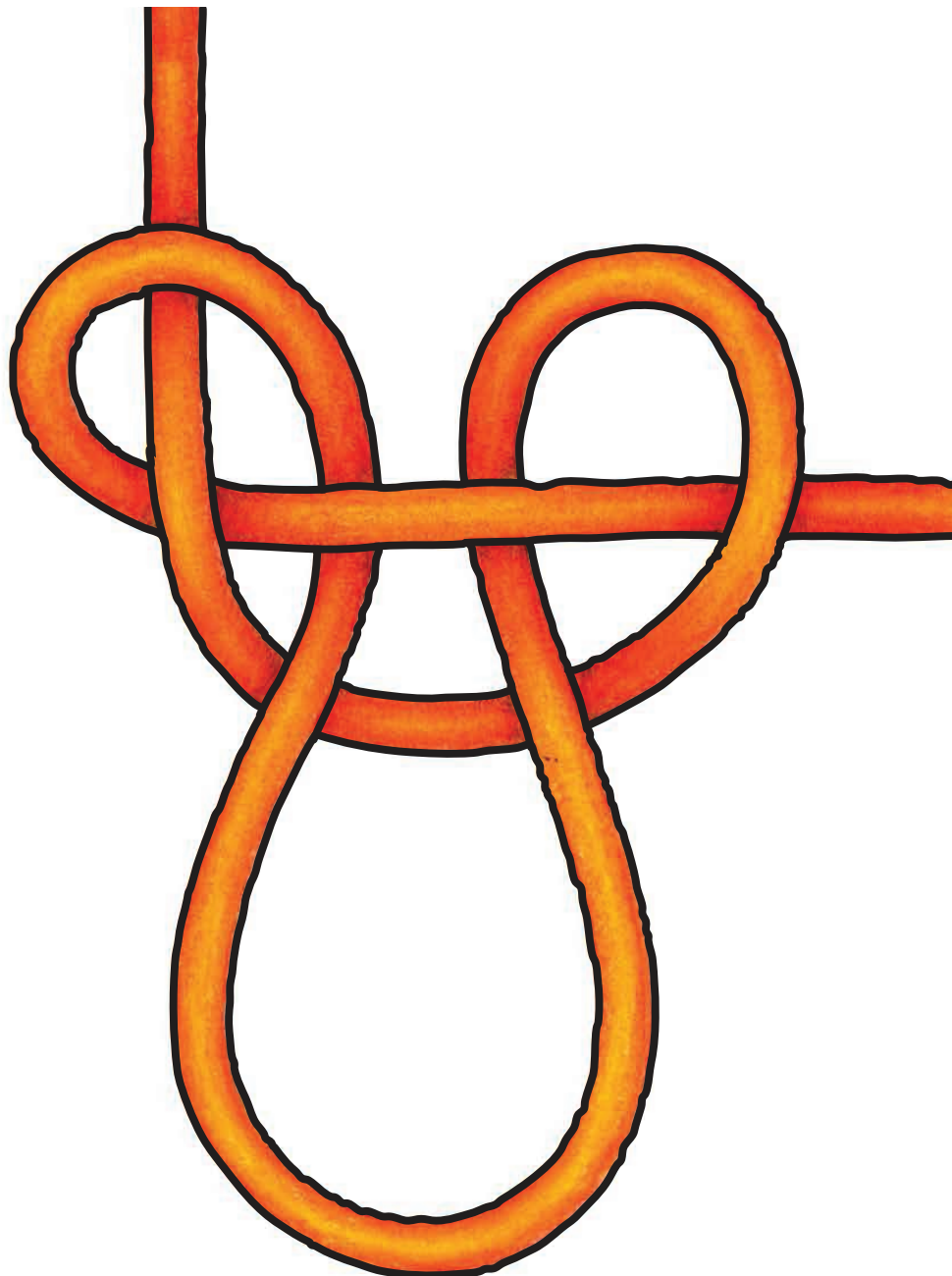
## FIGURE EIGHT LOOP





# CHALLENGE 3

## **KNOT RACING** **HARNESS LOOP**





# KNOT RACING

## BOWLINE

